Combination of *FLNC* and *JUP* variants causing arrhythmogenic cardiomyopathy in an Iranian family with different clinical features

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Abstract

Background Arrhythmogenic cardiomyopathy (ACM) characterized by progressive myocardial loss and replacement with fibro-fatty tissue is a major cause of sudden cardiac death (SCD). In particular, ACM with predominantly left ventricular involvement, known as arrhythmogenic left ventricular cardiomyopathy (ALVC), has a poor prognosis.

Methods The proband underwent whole-exome sequencing (WES) to determine the etiology of ALVC. Family members were then analyzed using PCR and Sanger sequencing. Clinical evaluations including 12-lead ECG, transthoracic echocardiography, and cardiac MRI were performed for all available first-degree relatives.

Results WES identified two variants in the *FLNC* (c.G3694A) and *JUP* (c.G1372A) genes, the combination of which results in ALVC and SCD.

Conclusion The present study comprehensively investigates the involvement of two discovered variants of *FLNC* and *JUP* in the pathogenesis of ALVC. More study is necessary to elucidate the genetic factors involved in the etiology of ALVC.

Keywords Arrhythmogenic cardiomyopathy, Arrhythmogenic left ventricular cardiomyopathy, *FLNC*, *JUP*, *DES*

Introduction

Arrhythmogenic cardiomyopathy (ACM) is an underdiagnosed genetic disorder marked by progressive replacement of myocardium with fibrofatty scar tissue that leads to rhythm disturbances and consequently, wall motion abnormalities. Initially termed arrhythmogenic right

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ventricular cardiomyopathy (ARVC) due to its predominant effect on the right ventricle (RV). the left ventricular (LV) involvement was largely thought of as the extension of the pathology originating from the RV [[1\]](#page-6-0). However, two large forensic studies revealed that the majority (76%, and 87%) of sudden cardiac death (SCD) cases had fibrofatty lesions in the LV free wall and septum. Notably, in nearly a fifth of these cases, the RV was unaffected. [[2\]](#page-6-1). Clinical presentations appear first between 10 and 50 years of age and include palpitations, syncope, chest pain, dyspnea, and SCD $[3, 4]$ $[3, 4]$ $[3, 4]$ $[3, 4]$. About 30% of ARVC cases are estimated to be familial [[3,](#page-6-2) [5\]](#page-6-4) and penetrance is highly influenced by exercise level $[6, 7]$ $[6, 7]$ $[6, 7]$. The most prevalent pattern of inheritance is autosomal dominant [\[8](#page-6-7)]. Mutations responsible for ACM could be broadly categorized

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Fig. 1 The pedigree of the ACM family. The phenotype of any individuals was mentioned under the symbol. +: mutant; -: wild type; NA: not available

into those affecting the cell-to-cell adhesion structures most notably in genes encoding the desmosomes (*JUP*, *DSP*, *PKP2*, *DSG2*, *DSC2*) but in rare cases non-desmosomal genes (*TMEM43*, *RYR2*, *TGF-beta-3*, *LMNA*, *PLN*) are involved [[8,](#page-6-7) [9\]](#page-6-8). Specific mutations in *PKP2*, *DSG*, *DSC*, and *JUP* were shown to have a tendency to cause the RV dominant phenotype of *ACM* while *DSP*, *PLN*, *LMNA/C*, *TMMEM43*, *DES*, and *FLNC* mutations are associated with LV-dominant ACM [[10–](#page-6-9)[14](#page-6-10)].

The *FLNC* gene encodes filamin-C, a muscle-specific actin cross-linking protein that plays a wide variety of roles in organization and integrity of cellular structures between sarcomere, cytoskeleton and cell membrane [[15\]](#page-7-0). Filamin-C was also found to act as a hub in cell signaling, mechanotransduction, and cell repair [\[16](#page-7-1)]. Mutations in *FLNC* are linked to a variety of skeletal

abnormalities and cardiac myopathies including dilated cardiomyopathy (DCM), hypertrophic cardiomyopathy (HCM) and restrictive cardiomyopathy (RCM) [[12](#page-6-11), [17](#page-7-2)[–19](#page-7-3)]. Filamin-C connects adhesion molecules to Desmin intermediate filaments through intracellular linker proteins like junction plakoglobin (JUP), plakophilin-2 (PKP2), and desmoplakin (DSP) [[20\]](#page-7-4). The *JUP* gene encodes plakoglobin, a critical component of desmosomes and adherents' junctions, which are essential for the structural integrity and function of cardiac tissues. Mutations in the *JUP* gene have been implicated in the development of ACM, a condition characterized by the replacement of myocardial tissue with fibrofatty tissue, leading to an increased risk of arrhythmias and SCD [\[21](#page-7-5)]. DSP contributes to the transcriptional regulation of the *NKX2-5* gene in cardiac progenitor cells during a short

Fig. 2 MRI Cardiac and ECG findings in the index patient. (**A**) Late gadolinium enhancement image at the mid-level of the left ventricle in the short-axis plane revealed transmural fibrotic replacement. (**B**) 12-lead Electrocardiogram indicating left anterior hemiblock and poor R-progression, pathologic Q wave in leads I and AVL

Patient	Structural abnormality	LGE Pattern	Wall motion abnormaity	LVEF	RVEF	12 Lead ECG	Ventricular ectopy
II:1(47y)	· Mid-myocarial LGE (2% of total LV mass)		Septum	60%	58%	Left anetrior hemiblock	Infrequent $(1\% <)$
II:2(44y)	· Sub-epicardial, mid-myocardial, and transmural LGE (26% of total LV mass) • Lateral wall thinning			52%	62%	Left bundle branch block	Infrequent $(1\% <)$
II:4 (37y)	· Mid-myocardial LGE • (5% of total LV mass) • Decreased LV strain		Septum RV free wall	54%	47%	Poor R progression	Rare (0.1% <)
II:5 (35y)	· Sub-epicardial to transmural LGE (7% of total LV mass) • Hypertrabeculated RV		Lateral wall	50%	51%	Left anetrior hemiblock	Frequent (16.8%)
$II:6(34y)$ *	• Transmural LGE (24% of total LV mass) • Lateral wall thinning		LV Lateral Wall	41%	53%	pathologic Q wave in I and AVL. QRS notching in V5, and V6. PVCs with LV origin.	Frequent (1.6%) & multiform
	• Transmural LGE (47% of total LV mass) • Lateral wall thinning		LV Lateral Wall	47%	52%		Frequent (5.6%) & multiform
II:7(31y)				67%	62%		Rare $(0.1\% <)$

Fig. 3 The schematic clinical analysis of the pedigree individuals

period of cardiomyogenesis and in cardiac side population stem cells in the adult. Plays a role in maintaining an optimal conformation of nebulette (NEB) on heart muscle sarcomeres to bind and recruit cardiac alpha-actin [[22\]](#page-7-6). Here, we report a complex co-occurrence of variants in *FLNC* and *JUP* genes in members of a large Iranian family with a history of several SCD, and confirmed diagnosis of Arrhythmogenic left ventricular cardiomyopathy (ALVC).

Materials and methods

Family recruitment and clinical evaluation

The proband, a 33-year-old Iranian man was referred to Rajaie Cardiovascular Medical and Research Center, Tehran, Iran, for cardiac workup due to multiple SCDs in his first-degree relatives (Fig. [1](#page-1-0)), including his mother (age 52) and two brothers (ages 38 and 16). Routine cardiovascular examinations, including a 12-lead electrocardiogram, transthoracic echocardiography, and cardiac

Fig. 4 The chromatogram of Sanger sequencing for three identified heterozygous variants, *FLNC* (c.G3694A: p.G1232R), *DES* (c.A977G: p.H326R) and *JUP* (c.G1372A: p.A458T)

magnetic resonance imaging (CMR), were performed for all available family members. Genetic studies were conducted to evaluate the etiology of the clinical features. The study adheres to the Declaration of Helsinki. Ethical approval was granted by Ethics Committees of Rajaie Cardiovascular Medical and Research Center, Iran University of Medical Sciences, Tehran, Iran (IR.RHC. REC.1402.060). Written informed consent was obtained from the participants.

Genetic investigation

Whole-exome sequencing and segregation analysis

After obtaining informed consent, whole blood samples were collected from proband and his family members. Following DNA isolation using salting-out method, the whole-exome sequencing (WES) was performed on the proband's sample on an Illumina HiSeq 6000 platform (Macrogen, Amsterdam, Netherland). Raw data was analyzed at Cardiogenetic Research Center, Rajaie Cardiovascular Medical and Research Center Tehran, Iran. Identified variants were validated in all family members, affected and unaffected, by PCR and Sanger sequencing. Primer sequences and PCR protocols are available in Supplementary Table 1. The PCR products were sequenced using the ABI Sequencer 3500XL PE (Applied Biosystems) and analyzed with FinchTV 1.4.0 software.

Computational analysis

Bioinformatic tools including MutationTaster ([www.](http://www.mutationtaster.org/) [mutationtaster.org/\)](http://www.mutationtaster.org/), PROVEAN [\(http://provean.jcvi.](http://provean.jcvi.org/index.php) [org/index.php\)](http://provean.jcvi.org/index.php), SIFT (<https://sift.bii.a-star.edu.sg>), CADD ([https://cadd.gs.washington.edu/home\)](https://cadd.gs.washington.edu/home), Polyphen2 [\(http://genetics.bwh.harvard.edu/pph2/dbsearch.](http://genetics.bwh.harvard.edu/pph2/dbsearch.shtml) [shtml\)](http://genetics.bwh.harvard.edu/pph2/dbsearch.shtml), FATHMM (fathmm.biocompute.org.uk) were used to prediction of pathogenicity. Furthermore, the protein structure and function were investigated by Uni-ProtKB/Swiss-Prot and PHYRE2.

Result

Clinical findings

The proband patient, a 33-year-old male was referred to our arrhythmia clinic for cardiac workup due to frequent premature ventricular complexes (PVCs) on ECG and a strong family history of SCD including his mother at age 52, and two brothers at ages 38 and 16. The only reported cardiac symptoms were heart failure in patient I:1 (proband's mother) and palpitation in patient II:4. Even in the cases of the now two deceased brothers, SCD was the first presentation. In addition to the utilization of echocardiography, CMR was employed to evaluate the extent of myocardial fibrosis in greater detail for the patients. The proband showed no sign of RV involvement. However, he was diagnosed as a definite case of arrhythmogenic left ventricular cardiomyopathy (ALVC) with intermediate risk based on LV systolic dysfunction (LVEF=41%), abnormal LV lateral wall movement, late gadolinium enhancement (LGE) in five segment of LV lateral wall, and frequent PVCs (1.6% of total beats) (Fig. [2](#page-1-1)). Accordingly, ICD implantation was preformed and patient was put on betablockers therapy. While remaining asymptomatic, the proband showed significant clinical changes over the year following year. Even while on therapy with beta blockers, ambulatory electrocardiogram showed an increase in PVC heterogeneity and frequency compared to a year ago (1.6–5.6% of all heart beats). CMR also indicated doubling of scar tissue (from 24 to 47% of

Table 1 *In silico* analysis of the identified variants

Het: Heterozygous; PD: Probably damaging; B: Benign; DC: Disease causing; D: Damaging; T: Tolerated; BM: Benign, Moderate; LP: Likely pathogenic

Fig. 5 (**A**) The figure shows the schematic structures of *FLNC* mutation of the Glycine in position 1232 (left) and the mutant Arginine (right) amino acid. The backbone (red part), is same and the side chains (black part), is unique for each amino acid. There are differ in size (the mutant residue is bigger than the wild-type residue), charge (The wild-type residue charge was NEUTRAL, the mutant residue charge is POSITIVE) and hydrophobicity-value. The wild-type residue is more hydrophobic than the mutant residue. (**B**) The mutation is located within a stretch of residues that is repeated in the protein, this repeat is named Filamin 10. The mutation into another residue might disturb this repeat and consequently any function this repeat might have. The wild-type residue is a glycine, the most flexible of all residues. This flexibility might be necessary for the protein's function. Mutation of this glycine can abolish this function. The wild-type residue is very conserved, but a few other residue types have been observed at this position too. Based on conservation scores this mutation is probably damaging to the protein. The mutant residue is located near a highly conserved position.

total LV mass) with an expansion from the lateral wall to the anterior segments of the left ventricle. 13 months after the diagnosis of ALVC, the patient experienced an aborted SCD as the first symptom of his disease. Notably, post discharge ambulatory electrocardiogram, showed an increase in variability of coupling intervals which also included short coupling intervals in the second PVC of some couplet PVCs. Additionally, alterations in ventricular repolarization were detected as evident in disparities in T-wave morphology before and after a PVC.

Overall, the diagnosis of ACM was ascertained in 5 out of the 7 siblings. The symptoms of arrhythmia were uncommon both in the proband and his affected relatives including the now 2 deceased brothers. CMR of other family members also had no symptoms except for palpitation in patients II:4. According to the interviews proband's mother had suffered from heart failure for several years prior to SCD, while, the deceased brothers reported no symptoms prior to SCD. Clinical history was remarkable and no symptoms were experienced, however resting ECG, echocardiogram and CMR were indicative of ACM. The schematic clinical analysis of the pedigree individuals was shown in Fig. [3](#page-2-0).

Fig. 6 (A) The figure shows the schematic structures of *JUP* mutation of the Alanine in position 458 (left) and the mutant Threonine (right) amino acid. The backbone (red part), is same and the side chains (black part), is unique for each amino acid. There are differ in size, charge (The wild-type residue is more hydrophobic than the mutant residue), The mutation is located within a stretch of residues that is repeated in the protein, this repeat is named ARM 8. The mutation into another residue might disturb this repeat and consequently any function this repeat might have. (**B**) The mutation is located within a stretch of residues that is repeated in the protein, this repeat is named ARM 8. The mutation into another residue might disturb this repeat and consequently any function this repeat might have. Only this residue type was found at this position. Mutation of a 100% conserved residue is usually damaging for the protein. Based on this conservation information this mutation is probably damaging to the protein. The mutated residue is located in a domain that is important for binding, activity and connection with residues in another domain of other molecules. The mutation might affect this interaction and thereby disturb signal transfer from binding domain to the activity domain. In addition, it might disturb the interaction between domains and as such affect the function of the protein

Genetic findings

Heterozygote variants in exon 21 of *FLNC* gene (NM_001127487, c.G3694A: p.G1232R), exon 5 of *DES* gene (NM_001927, c.A977G: p.H326R) and exon 8 of *JUP* gene (NM_001352773, c.G1372A: p.A458T) were identified by WES (Fig. [4\)](#page-3-0). The in-silico analysis of the variants is detailed in Table [1](#page-4-0).

Discussion

In this study, we present a proband diagnosed of ALVC with history of three SCDs in his family. Three variants of *FLNC* (Fig. [5\)](#page-4-1), *DES*, and *JUP* (Fig. [6\)](#page-5-0) genes were seen in our proband. The loss-of-function variants in the *FLNC* gene has been acknowledged as a potential etiology for DCM, ACM, and heart failure [[23](#page-7-7)[–25](#page-7-8)]. *FLNC* gene encodes Gamma filamin, also known as filamin C, one of three filamin-related proteins [[26](#page-7-9)]. Filamin C exhibits binding affinity towards multiple proteins located in the Z-disk region of the sarcomere and is known to play a crucial role in preserving the structural integrity of cardiac muscle cells [[27,](#page-7-10) [28](#page-7-11)]. Recent studies have linked *FLNC* gene nucleotide malformations to ALVC, ARVC, and DCM [\[24,](#page-7-12) [29](#page-7-13)[–32](#page-7-14)].

Additionally, a growing body of evidence connects causal mutations in the *JUP* gene with ARVC [[33\]](#page-7-15). Asimaki et al. first identified the JUP gene mutation in a German family diagnosed with ARVC [\[34](#page-7-16)]. To our knowledge, we report the *JUP* variant for the first time in patient with ALVC. Carruth et al. found that *FLNC* loss of function variants are linked with increased odds of ventricular arrhythmia and systolic dysfunction. Next-generation sequencing (NGS) analysis of 2,877 patients with inherited cardiovascular diseases identified twenty-three truncating mutations in the *FLNC* gene [\[32](#page-7-14)]. The phenotypes observed included LV dilation (68%), reduced ejection fraction (46%), myocardial fibrosis (68%), inferolateral inverted T waves and low voltage QRS complexes on ECG (33%), ventricular rhythm disturbances (82%) and frequent SCD (40 cases in 21 of 28 families) [\[32](#page-7-14)]. Brun et al. found two unique *FLNC* variants (c.6565G>T:p.Glu2189Ter and c.8107delG: p.Asp2703ThrfsTer69) in two families among 156 ARVC patients diagnosed according to 2010 ARVC task force criteria. These families exhibited ventricular arrhythmia and sudden cardiac death [[29\]](#page-7-13). In our study, the proband was diagnosed with LV variant ACM based

on LV systolic dysfunction (LVEF=41%), abnormal LV lateral wall movement, and LGE in five LV lateral wall segments, but showed no signs of RV involvements. A pooled analysis of ACM probands with negative results for common ACM-related mutations, revealed that 4.4% had FLNC variants, with ALVC being the most common phenotype [\[31\]](#page-7-17). Additionally, a recent study by Gigli et al. on a large cohort of individuals with FLNC variants showed that 21% exhibited an ALVC phenotype, 42% had a DCM phenotype, and 3% displayed an ARVC phenotype [[35\]](#page-7-18). Regarding the *DES* mutation identified in this study, although it has been interpreted as a pathogenic factor for sudden cardiac death in another study [\[36\]](#page-7-19), in our research, there is no genotype-phenotype correlation with the *DES* mutation. The clinical presentation of our patients is due to the combined effect of the *FLNC* and *JUP* mutations.

According to the ACM task force guideline, ICD implantation is warranted for ACM cases with at least one major risk factors including syncope, non-sustained VT or mild RV or LV dysfunction [\[37](#page-7-20), [38](#page-7-21)]. In our study, the proband experienced ventricular fibrillation as the first symptom of ALVC, which occurred 13 months after the initial diagnosis. The potential sudden cardiac death was prevented by the implanted ICD. Corrado et al. studied the effects of ICD therapy on 134 ARVC patients, finding that approximately 50% experienced at least one ventricular tachyarrhythmia requiring ICD intervention over an average of 3.3 years post-implantation [\[39](#page-7-22)].

Conclusion

ALVC is an important phenotype of ACM patients. In this study we report and comprehensively discuss the role of two gene variants, *FLNC*, and *JUP* in the pathophysiology of ALVC. Further studies are warranted to clarify the role of genetics in pathogenesis of ALVC.

Supplementary Information

The online version contains supplementary material available at [https://doi.](https://doi.org/10.1186/s12872-024-04126-0) [org/10.1186/s12872-024-04126-0](https://doi.org/10.1186/s12872-024-04126-0).

Supplementary Material 1

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Author contributions

SK designed the project and performed WES. KM, AA, and AE evaluated the patients clinically. KM, MS, TM, and AA prepared the first version of manuscript and performed wet lab. MM, AF, and SA confirmed the clinical finding of the patient and made complementary revision of the manuscript. All the authors read and approved the final manuscript.

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Data availability

The datasets generated and/or analyzed during the current study are available in the ClinVar repository [[https://www.ncbi.nlm.nih.gov/clinvar/variation/](https://www.ncbi.nlm.nih.gov/clinvar/variation/VCV000661754.2) [VCV000661754.2\]](https://www.ncbi.nlm.nih.gov/clinvar/variation/VCV000661754.2). The accession number of the variant in ClinVar is as follows: NM_001458.5(FLNC): c.3694G> A (p.Gly1232Arg): VCV000661754.2.

Declarations

Ethics approval and consent to participate

The study complies with the Declaration of Helsinki. Ethical approval was obtained from the Ethics Committees of Rajaie Cardiovascular Medical and Research Center, Iran University of Medical Sciences, Tehran, Iran (IR.RHC. REC.1402.060). Written informed consent was obtained from the participants.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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