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# $\alpha$ 1A Adrenoreceptor blockade attenuates myocardial infarction by modulating the integrin-linked kinase/TGF- $\beta$ /Smad signaling pathways

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## Abstract

**Background** Myocardial infarction (MI) is considered a public health problem. According to the World Health Organization, MI is a leading cause of death and comorbidities worldwide. Activation of the  $\alpha$ 1A adrenergic receptor is a contributing factor to the development of MI. Tamsulosin, an  $\alpha$ 1A adrenergic blocker, has gained wide popularity as a medication for the treatment of benign prostatic hyperplasia. Limited evidence from previous studies has revealed the potential cardioprotective effects of tamsulosin, as its inhibitory effect on the  $\alpha$ 1A adrenoceptor protects the heart by acting on the smooth muscle of blood vessels, which results in hypotension; however, its effect on the infarcted heart is still unclear. The mechanisms of the expected cardioprotective effects mediated by tamsulosin are not yet understood. Transforming growth factor-beta (TGF- $\beta$ ), a mediator of fibrosis, is considered an attractive therapeutic target for remodeling after MI. The role of  $\alpha$ 1A adrenoceptor inhibition or its relationships with integrin-linked kinase (ILK) and TGF- $\beta$ /small mothers against decapentaplegic (Smad) signaling pathways in attenuating MI are unclear. The present study was designed to investigate whether tamsulosin attenuates MI by modulating an ILK-related TGF- $\beta$ /Smad pathway.

**Methods** Twenty-four adult male Wistar rats were randomly divided into 4 groups: control, ISO, TAM, and ISO + TAM. ISO (150 mg/kg, intraperitoneally) was injected on Days 20 and 21 to induce MI. Tamsulosin (0.8 mg/kg, orally) was administered for 21 days, prior to ISO injection for 2 consecutive days. Heart-to-body weight ratios and cardiac and fibrotic biomarker levels were subsequently determined. ILK, TGF- $\beta$ 1, p-Smad2/3, and collagen III protein expression levels were determined using biomolecular methods.

**Results** Tamsulosin significantly attenuated the relative heart-to-body weight index ( $p < 0.5$ ) and creatine kinase-MB level ( $p < 0.01$ ) compared with those in the ISO control group. While ISO resulted in superoxide anion production and enhanced oxidative damage, tamsulosin significantly prevented this damage through antioxidant defense mechanisms, increasing glutathione and superoxide dismutase levels ( $p < 0.05$ ) and decreasing lipid peroxide oxidation levels ( $p < 0.01$ ). The present data revealed that tamsulosin reduced TGF- $\beta$ /p-Smad2/3 expression and enhanced ILK expression.

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**Conclusion** Tamsulosin may exert a cardioprotective effect by modulating the ILK-related TGF- $\beta$ /Smad signaling pathway. Thus, tamsulosin may be a useful therapeutic approach for preventing MI.

**Keywords** Tamsulosin, Myocardial infarction, Integrin-linked kinase, Fibrosis, Isoproterenol

## Introduction

Myocardial infarction (MI) is a leading cause of cardiovascular morbidity and mortality despite the control of risk factors, such as arteriosclerosis [1–4].

Since coronary diseases are the leading cause of death, the need for biomedical research to advance medical treatments for cardiovascular diseases is urgent [5]. Currently, cardiovascular-focused research has advanced the understanding of the underlying molecular processes and cell–cell interactions that coordinate myocardial growth and fibrosis [6]. Myocardial fibrosis is controlled by numerous processes of fibrotic growth involving transforming growth factors (TGFs) [7–12].

Evidence indicates that increased expression of the downstream effectors of TGF- $\beta$  signaling is associated with infarct healing. Although evidence also suggests that bioactive TGF- $\beta$  is secreted in the cardiac extracellular matrix after infarction reperfusion, the mechanisms of TGF- $\beta$  activation in the infarcted heart are poorly understood [13–15].

TGF- $\beta$ s activate small mothers against decapentaplegic2/3 (Smad2/3) cascades and possibly activate Smad1 and Smad5 in certain cell types, providing an alternative Smad-dependent pathway for signal transduction [16, 17]. Taking into consideration the wide range of effects of Smad3 on all cell types, it is unclear whether the improved remodeling exhibited by mice with loss of Smad3 results from fibroblast-mediated actions. Therefore, it is crucial to investigate the role of Smad-dependent signaling in MI. In addition, previous studies have reported that matrix attachment is necessary for activation by growth factors, including TGF- $\beta$  [17].

The process of fibrosis is also induced by the collaboration of TGF in addition to its receptors and extracellular matrix (ECM) receptors, such as integrins [11]. Integrins are transmembrane receptors that attach cells to the matrix and mediate outside-in signaling and inside-out signaling, controlling the activities of growth factor receptors, cytoplasmic kinases and ion channels [12].

The serine/threonine integrin-linked kinase (ILK) exerts a notable role in the integrin-actin interaction in addition to its structural and signaling roles in the function of integrins. Published reports indicate that ILK gene therapy dramatically improves cardiac function and attenuates ventricular remodeling in rat models of myocardial infarction, but it remains unknown whether, in the absence of underlying cardiac ischemia, ILK gene

therapy improves cardiac performance in heart failure models [18].

Interestingly, recent data also demonstrate that  $\alpha_{1A}$  adrenoceptors are expressed in only a subpopulation of myocytes. The most abundant documented transcript in the rodent heart is that of the  $\alpha_{1A}$  adrenoceptor [19].

Tamsulosin is a third-generation  $\alpha_1$ -adrenergic antagonist used worldwide for the treatment of benign prostatic hyperplasia (BPH) [20]. Agents with preferential selectivity for the  $\alpha_{1A}$  adrenoceptor, such as tamsulosin, have gained widespread popularity due to their lower incidence of cardiovascular side effects, resulting in a high safety profile; however, their cardioprotective effects require further investigation [21].

Although activation of the  $\alpha_{1A}$  adrenoceptor can be a crucial factor in the development of MI, the relationship between ILK and MI, particularly the ability of an  $\alpha_{1A}$  adrenoceptor blocker to attenuate MI via modulation of the ILK-related TGF- $\beta$ /Smad pathway through the fibrotic pathway, still needs further clarification.

Therefore, we hypothesized that an  $\alpha_{1A}$  adrenoceptor inhibitor might attenuate MI via modulation of ILK-related fibrosis (TGF- $\beta$ /Smad) and that this proposed signaling cascade holds promise as a potential target for therapeutic intervention. The aims of our study were to first investigate the possible cardioprotective impact of tamsulosin against MI and to then explore the potential mechanisms by which tamsulosin mediates the attenuation of MI and determine whether this occurs via modulation of an ILK-related TGF $\beta$ /Smad signaling pathway.

## Material and methods

### Drugs, chemicals and antibodies

Tamsulosin and isoproterenol (ISO) were purchased from Sigma–Aldrich (St Louis, MO, USA). The level of a cardiac biomarker (creatin kinase-MB (CK-MB)) was measured using specific ELISA kits for rats obtained from Cloud-Clone Corp. (Houston, Texas, US). Rat TGF- $\beta$  was quantified using a Quantikine Rat TGF- $\beta$  Immunoassay Kit (R&D Systems, Abingdon, UK) according to the manufacturer's instructions. Anti-ILK, anti-TGF- $\beta$ 1, anti-Smad2/3, anti-collagen III and other related primary antibodies were purchased from Abcam (Biotechnology Inc., Cambridge, UK). Anti-rabbit and anti-mouse conjugated secondary antibodies were obtained from Sigma–Aldrich (St. Louis, MO, USA). The ISO preparation was dissolved in distilled water and administered as

a single subcutaneous bolus injection between the skin and underlying layers of tissue in the scapular region on the dorsal surface of each rat. Tamsulosin was dissolved in distilled water and administered orally via an oral gavage tube specific for Wistar rats. For all drugs used in this study, the doses were selected based on previously published studies, and the volume of each administered dose of each drug was calculated based on the rat's body weight, which was measured prior to dosing, and administered in a 1 ml/kg dose volume. The efficacy and safety of tamsulosin (in the oral-controlled absorption system (OCAS<sup>®</sup>) formulation) have been assessed and improved on in several clinical trials.

### Experimental animals

Adult male Wistar rats weighing 150–250 g were supplied by the Animal Care Centre, College of Pharmacy, King Saud University. All animals were housed in a temperature-controlled room (23–25 °C) at 50% humidity and maintained on a 12-h light/dark cycle. Animals had free access to standard rat chow and water. The protocol of this study was performed in accordance with the National Institutes of Health Guidelines on the Care and Use of Laboratory Animals and was approved by the Animal Care Committee of King Saud University. The Research Ethics Committee approval number for this study is KSU-SE-19–61.

### Induction of acute myocardial infarction

For induction of myocardial infarction, ISO was dissolved in normal saline and injected intraperitoneally (*ip*; 150 mg/kg) on Days 20 and 21 at a 24-h interval [2]. Animals were euthanized 24 h after the second dose of ISO, at the end of Day 21.

### Experimental design

Twenty-four rats were weighed and divided into four groups, each containing six rats ( $n=6$ , Fig. 1). The rats were treated daily by oral gavage as follows for 21 continuous days:

#### Group 1

The control group; administered normal saline (0.9% NaCl) orally for 21 days.

#### Group 2

The ISO-treated group; treated with only normal saline for three weeks and then with ISO via injection (150 mg/kg) for two days (on the 20<sup>th</sup> and 21<sup>st</sup> days) [2].

#### Group 3

The tamsulosin-treated group; administered tamsulosin by oral gavage at a dosage of 0.8 mg/kg/day for 21 days [22].

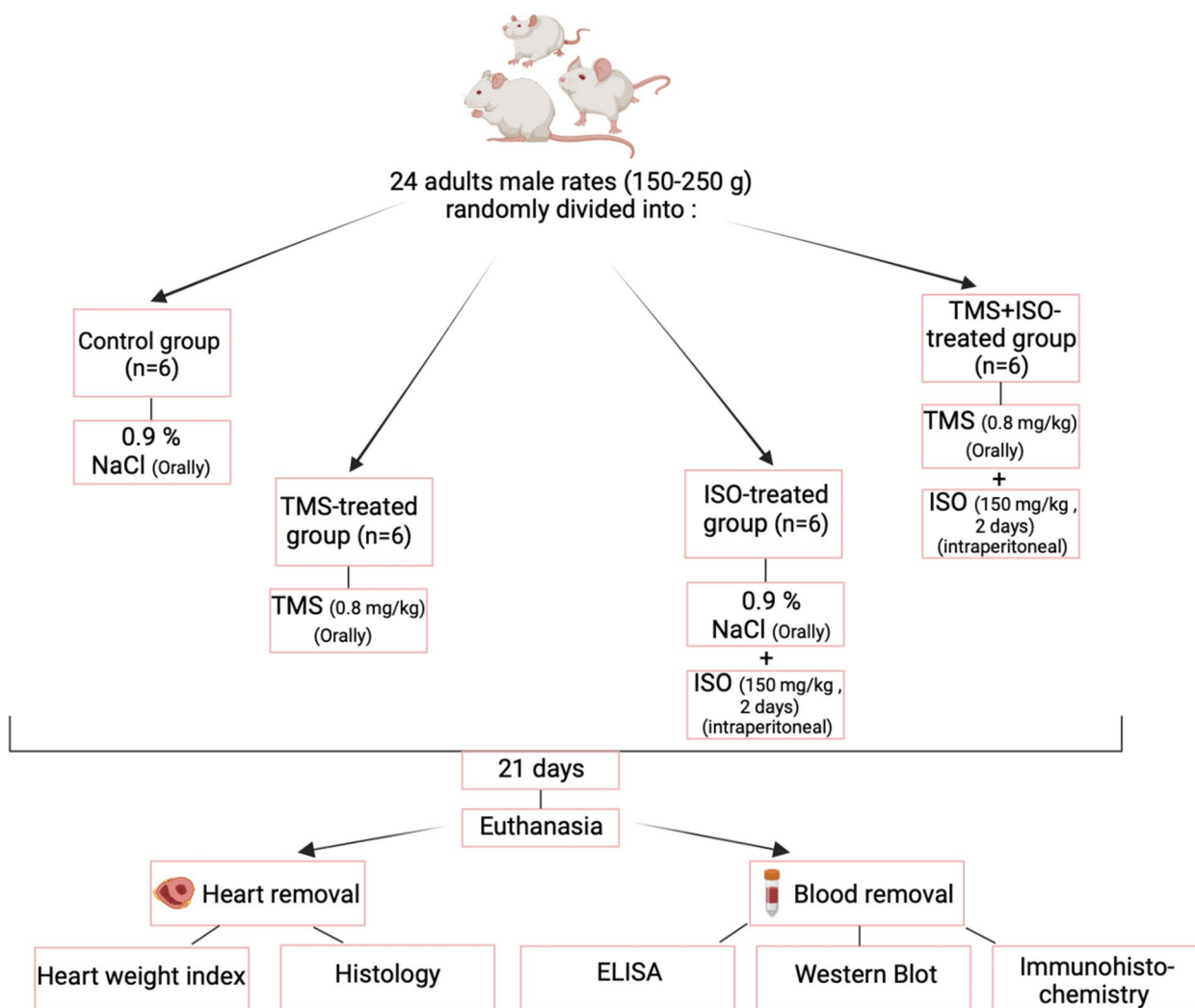
#### Group 4

The tamsulosin + ISO-treated group; administered tamsulosin by oral gavage at a dosage of 0.8 mg/kg/day for three weeks and then treated with ISO via injection (150 mg/kg) for two days (on the 20<sup>th</sup> and 21<sup>st</sup> days).

At the end of the experiment, all rats were fasted overnight (12 h). Each rat was then weighed, anesthetized using a gradually increasing concentration of carbon dioxide (CO<sub>2</sub>) and sacrificed by decapitation. Blood samples were collected from nonsurviving experimental rats after anesthetization and sacrifice to expose of the animals to the least potential pain and stress. This terminal collection was accomplished via cardiac puncture, and the maximum amount of blood was collected. Then, the blood sample collected from each rat was processed to separate serum for assessment of cardiac and oxidative biomarkers using enzyme-linked immunosorbent assays (ELISAs) and biochemical assays, respectively. Hearts were excised, rinsed in ice-cold phosphate-buffered saline, and weighed. The heart weight-to-body weight ratio (HW/BW) was calculated as an index of MI. Cardiac samples were homogenized in cold phosphate-buffered saline (10% w/v), and clear homogenates were collected to assay fibrotic biomarkers using ELISA. Some heart tissues were fixed with neutral-buffered formalin (4%) for histological and immunohistochemical processing, while others were frozen at –80 °C for subsequent molecular studies; samples from each rat in each group of 6 rats were collected and processed separately [23].

### Determination of cardiac biomarkers

The level of the cardiac biomarker CK-MB was quantified using serum samples and rat ELISA kits according to the specifications of the manufacturer. For the CK-MB assay, 100 µl of each standard or sample was incubated for 2 h at 37 °C. The wells were washed to remove any unbound substances, and then 100 µl of a conjugated antibody was added to each well and incubated for 1 h at 37 °C. Next, 200 µl of avidin-conjugated horseradish peroxidase (HRP) was added to all wells. The enzymatic reaction yielded a yellow-colored product; the intensity of the color was assessed by measuring the absorbance at 450 nm, and unknown concentrations of the samples were calculated using a standard curve.



**Fig. 1** Flow chart demonstrating the experimental groups and design

**Enzyme immunosorbent assay (ELISA) of fibrosis markers**

Levels of the fibrosis marker TGF-β1 were quantified using rat immunoassay ELISA kits. Homogenates or serum samples were placed into 96-well plates pre-coated with a monoclonal antibody specific for TGF-β1, and the assays were performed according to the manufacturer’s instructions.

**Assessment of oxidative stress biomarkers**

Oxidative stress was estimated by measurement of glutathione (GSH), lipid peroxidation (LPO) and superoxide (SOD) in cardiac tissue homogenates. The GSH content was quantified using the method described by Moron et al. [24]. Briefly, 1 ml of heart homogenate was mixed with 1 ml of 25% trichloroacetic acid (TCA) and centrifuged at 4 °C and 3,000 rpm for 10 min. Then, 0.5 ml of the supernatant was added to 4.5 ml of Ellman’s reagent.

The intensity of the resulting yellow color was measured spectrophotometrically at 412 nm and normalized to that of a reagent blank. GSH values are expressed as nmol per mg of protein in heart tissue. LPO was quantified using a thiobarbituric acid (TBA) assay as described by Ohkawa et al. [25]. Briefly, a mixture of 1 ml of 0.6% TBA, 2.5 ml of 20% trichloroacetic acid and 500 µl of heart homogenate was heated for 30 min in a boiling water bath, cooled, and centrifuged at 4 °C. The absorbance of the developed chromogen was measured at 535 nm and normalized to that of a reagent blank. The LPO values are expressed as nmol per mg of protein in heart tissue. SOD activity was estimated using a nitro blue tetrazolium method described by Delides et al. [26], and the degree of inhibition of the reaction was determined by spectrophotometric measurement at 430 nm. SOD activity is expressed as U mg<sup>-1</sup> protein in heart tissue. One unit of SOD is

defined as the amount of enzyme needed for dismutation of 50% of superoxide radicals.

### Western blot analysis

Western blotting was used to determine protein expression as previously described by Towbin et al. [27]. Briefly, frozen heart tissue samples were homogenized in ice-cold lysis buffer followed by immunoprecipitation assay (RIPA) buffer supplemented with an equal mixture of protease inhibitor and phosphatase inhibitor cocktails. Protein concentrations were determined using the Direct Detect quantification assay technique. Then, 60 µg of each homogenized protein sample was separated using sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS–PAGE). The separated proteins on the gels were transferred to polyvinylidene difluoride (PVDF) membranes (0.2 µm, Immobilon-P, Bio-Rad, California, USA). The membranes were incubated overnight at 4 °C with the primary antibodies, using a 1:1000 dilution ratio for the anti-ILK antibody. The β-actin antibody was used as a housekeeping loading control antibody and was diluted 1:2000. The membranes were washed and incubated for 1 h at room temperature with an HRP-conjugated anti-rabbit (1:5000) secondary antibody. Immunoblots were developed using an enhanced chemiluminescence (ECL) detection kit (GE Healthcare, Buckinghamshire, UK) for 2 min prior to image acquisition. Immunoreactive bands were visualized using an Image Quant LAS 4000 Mini imaging system (GE Healthcare, Buckinghamshire, UK). The intensities of the protein bands were densitometrically quantified using ImageJ software (NIH Image, Bethesda, MD, USA); bands of interest were normalized to a loading control (β-actin).

### Histological examination

Heart specimens were excised and immediately stored in 4% paraformaldehyde. Serial sections were cut at a 4 µm thickness using a Spencer 820 microtome and were used for histopathological examination after staining with hematoxylin and eosin (H&E). The sections were visualized at an original magnification of 10X, and the images were analyzed by an investigator specializing in this field.

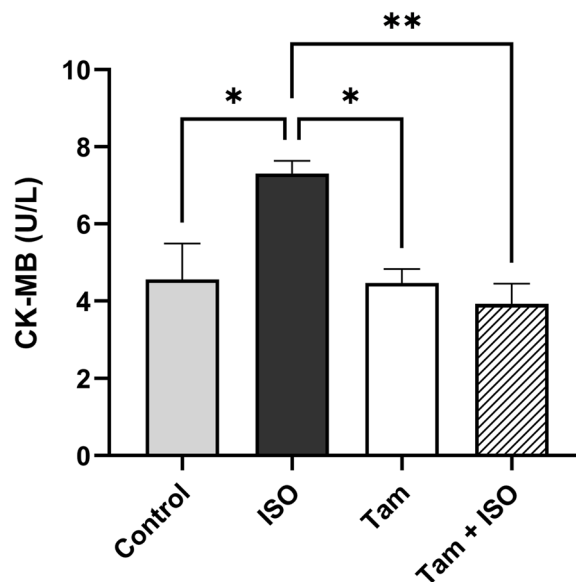
### Immunohistochemistry

Fixed paraffin sections of heart tissue were used for the detection of collagen III and p-Smad2/3. Immunostaining was performed according to a method described in previous studies [17, 18] using the Immuno Cruz ABC staining system from Santa Cruz (Santa Cruz Biotechnology, Inc., California, USA). Nonspecific binding of antibodies was blocked by incubation with protein for 5 min. Sections were then incubated with the primary antibodies for 1 h at room temperature, washed three

times in Tris buffer, and incubated with biotinylated anti-rabbit IgG (1:100 dilution) for 30 min. This was followed by washing, detection with a working solution of diaminobenzidine substrate, and finally staining with Mayer's hematoxylin. The samples were analyzed using a bright field light microscope (DMRBE, Leica, Bensheim, Germany) equipped with a camera (ProgRes, Kontron Instruments, Watford, UK). The digital slide images were viewed at an original magnification of 10X and analyzed using Aperio's viewing and image analysis tools.

### Statistical analysis

All data are expressed as the mean ± standard error of the mean (SEM) values, and statistical comparisons between groups were performed using one-way analysis of variance (ANOVA) followed by the Tukey–Kramer post hoc test. Statistical analysis was conducted using GraphPad Prism software version 5 (GraphPad Software, Inc., San Diego, CA). A *P* value of ≤ 0.05 was considered statistically significant.



**Fig. 2** The effect of tamsulosin on the ISO-induced increase in CK-MB levels compared to those in the ISO-only and control groups. The data are expressed as the means ± SEMs (*n* = 6 duplicate samples from six different animals per group). Group comparisons were performed using one-way ANOVA followed by the Tukey–Kramer post hoc test; \**P* < 0.05, \*\**P* < 0.01 compared to the ISO-only group; \**P* < 0.05 compared to the control group. Abbreviations: CK-MB, creatine kinase MB; ISO, isoproterenol; SEM, standard error of the mean; ANOVA, analysis of variance

**Results**

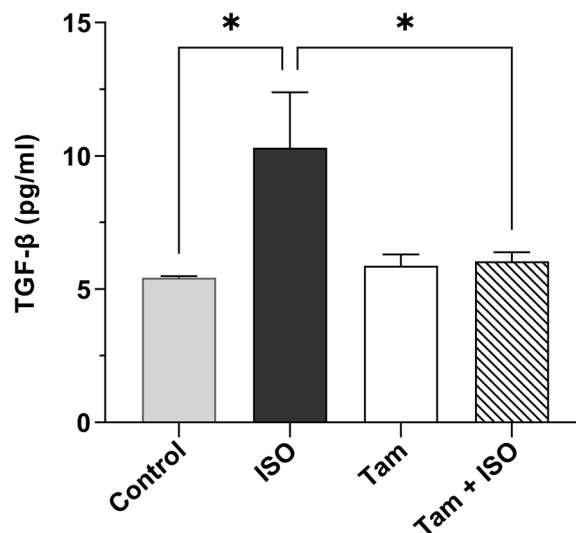
**Tamsulosin reduces the CK-MB content in myocardial tissue in response to ISO-induced cardiac damage**

As shown in Fig. 2, the CK-MB level was significantly increased in the ISO-only group compared to the control group ( $P < 0.05$ ). However, administration of to ISO-treated rats significantly reduced the CK-MB level compared to that in rats in the ISO-only group ( $P < 0.01$ ). Moreover, there was no significant difference in the CK-MB level between the control and tamsulosin groups. Previous studies with ISO as a model for MI indicated a very limited and minimal mortality rate, supporting the finding of our present study that the use of selected doses of ISO to induce MI was associated with minimal to negligible death rates.

**Tamsulosin inhibits isoproterenol-induced cardiac hypertrophy**

As shown in Table 1, at the beginning of the experiment, there was a significant increase ( $P < 0.001$ ) in the body weight in the ISO group compared to the control group. The body weight of rats treated with tamsulosin after ISO injection was significantly restored ( $P < 0.05$ ) compared to that of those in the ISO-only group, while the body weight in the tamsulosin-only group did not differ significantly from that in the control group. Additionally, the body weights of the rats in all groups did not differ significantly at the end of the experiment.

Induction of ISO-mediated cardiac hypertrophy was assessed according to differences in the heart weight-to-body weight ratio among the treatment groups (Table 1). This ratio was significantly increased ( $P < 0.001$ ) in the ISO-only group compared to the control group. The ratios in both the control and tamsulosin-only groups were significantly reduced ( $P < 0.05$ ) compared to that in the ISO-only group. Treatment of ISO-induced MI in rats using tamsulosin slightly reduced the effect of cardiac injury on heart weight.



**Fig. 3** The effect of tamsulosin on ISO-induced increase in the TGF-β level. The data are expressed as the mean ± SEM values ( $n = 6$  duplicate samples from six different animals per group). Group comparisons were performed using one-way ANOVA followed by the Tukey–Kramer post hoc test; \* $P < 0.05$  compared to the control and ISO-only groups. Abbreviations: ISO, isoproterenol; Tam, tamsulosin; TGF-β, transforming growth factor-beta; SEM, standard error of the mean; ANOVA, analysis of variance

**Tamsulosin reduces the myocardial TGF-β level**

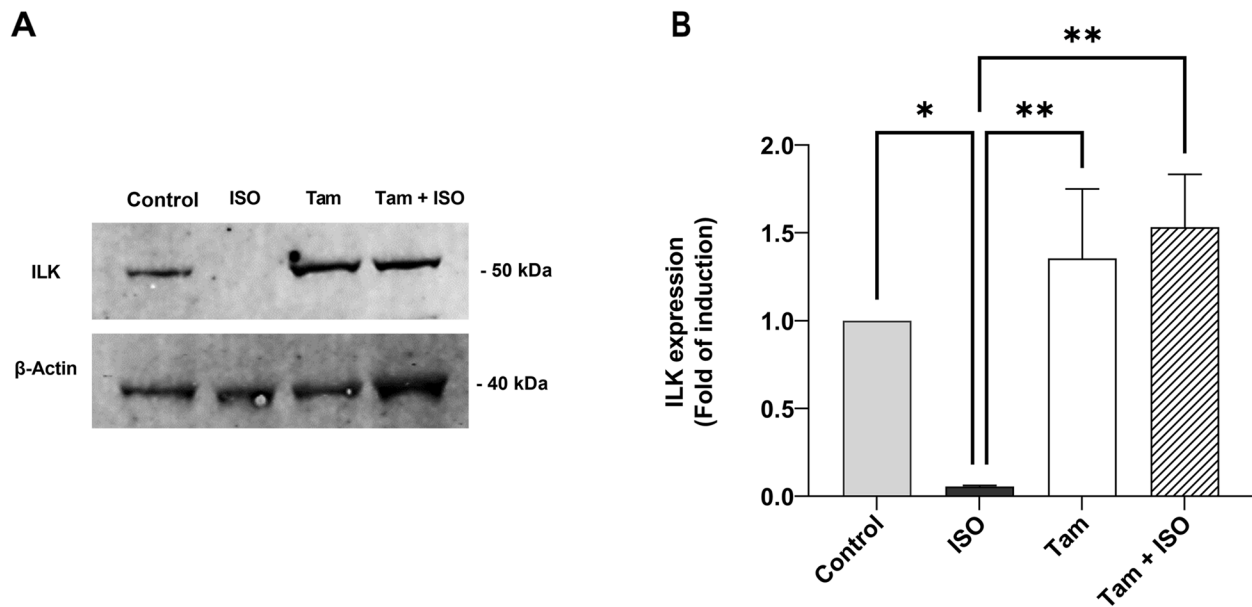
As shown in Fig. 3, ISO-induced cardiac fibrosis was observed based on the high levels of the myocardial fibrosis marker TGF-β in the ISO-only group compared to the control group. The TGF-β level was significantly reduced ( $P < 0.05$ ) after administration of tamsulosin to the ISO-treated rats compared to that in rats in the ISO-only group. Tamsulosin treatment alone did not significantly alter the cardiac TGF-β level compared to that in the control group.

**Table 1** α<sub>1A</sub> Adrenoceptor blockade reduces the body weight, heart weight and relative heart weight index in rats with ISO-induced MI

Group	Initial body weight (g)	Final body weight (g)	Heart weight (g)	Relative heart weight index (mg/g)
Control	139.00 ± 2.30	273.25 ± 5.60	0.95 ± 0.05	0.35 ± 0.02
ISO	267.67 ± 6.84***	237.00 ± 19.01	1.22 ± 0.04***	0.50 ± 0.30***
Tamsulosin	212.17 ± 22.45	265.00 ± 15.15	0.91 ± 0.02	0.36 ± 0.01**
ISO + Tamsulosin	207.67 ± 16.98 <sup>#</sup>	278.75 ± 11.51	1.00 ± 0.07	0.43 ± 0.03 <sup>#</sup>

The data are expressed as the mean ± SEM values ( $n = 6$  rats per group). Group comparisons were performed using one-way ANOVA followed by the Tukey–Kramer post hoc test; \* $P < 0.05$ , \*\*\* $P < 0.001$  compared to the control group; <sup>#</sup> $P < 0.05$  compared to the ISO-only group

ISO Isoproterenol, SEM Standard error of the mean, ANOVA Analysis of variance



**Fig. 4** Tamsulosin modulates the ILK protein expression level in cardiomyocytes after MI. Analysis of the ISO-induced decrease in ILK expression in the ISO group compared to the other experimental groups by western blotting. (A). Representative immunoblot showing protein levels in tissue homogenates of the left ventricle in the control, isoproterenol-only (ISO), tamsulosin-only (Tam), and isoproterenol+ tamsulosin (Tam + ISO) groups. Proteins in the tissue samples were separated by SDS–PAGE and immunoblotted first with an anti-ILK antibody and then with an anti-β-actin antibody after stripping. The band densities on the immunoblots were quantified using ImageJ software. (B). Quantitative results of immunoblot analysis. ILK protein levels were normalized to those of β-actin. The quantities were expressed relative to the normal control group and expressed as fold induction values. The data are expressed as the mean ± SEM values (n = 6 samples from six different animals per group). Group comparisons were performed using one-way ANOVA followed by the Tukey–Kramer post hoc test; \*P < 0.05 compared to the control group; \*\*P < 0.01 compared to the ISO-only group. Abbreviations: ISO, isoproterenol; tam, tamsulosin; ILK, integrin-linked kinase; SDS–PAGE, sodium dodecyl sulfate–polyacrylamide gel electrophoresis; SEM, standard error of the mean; ANOVA, analysis of variance

### Tamsulosin attenuates experimentally induced cardiac hypertrophy through modulation of the ILK signaling pathway

As shown in Fig. 4, the expression of the ILK protein in heart tissues of the treatment and control groups was quantified using western blotting (Fig. 4A). As shown in Fig. 3B, ISO-induced MI significantly decreased ILK expression in ISO-only group rats compared to the corresponding normal control group rats (P < 0.05). Remarkably, rats administered tamsulosin after experimental MI induction exhibited significantly increased levels of ILK expression, suggesting enhanced repair in cardiac cells, vessels, and muscle fibers (P < 0.01). Therefore, we examined ILK expression by western blotting continuously for four weeks following the injection of ISO. Figure 4A shows a higher immunoreactive band intensity indicating higher ILK expression in the hearts of the normal control and tamsulosin-treated groups than in the ISO-only group. Conversely, the ILK level was not altered in the myocardial tissue of normal rats treated with tamsulosin alone compared to rats in the normal control and ISO + tamsulosin groups.

**Table 2** The effects of tamsulosin on oxidative stress biomarkers in cardiac tissue from rats pretreated with ISO and control group rats

Group	LPO (nmol/mg)	GSH (nmol/mg)	SOD (U/mg)
Control	41.62 ± 3.44	9.77 ± 1.75	4.87 ± 1.21
ISO	70.79 ± 6.78*	4.80 ± 1.28*	0.588 ± 0.19*
Tamsulosin	52.62 ± 6.68	10.17 ± 1.11	5.31 ± 1.10
ISO + Tamsulosin	37.50 ± 6.80###	11.47 ± 1.16##	4.23 ± 1.37#

The data are expressed as the mean ± SEM values (n = 6 duplicate samples from six different animals per group). Group comparisons were performed using one-way ANOVA followed by the Tukey–Kramer post hoc test. \*P < 0.05 compared to the control group; #P < 0.05, ##P < 0.01, ###P < 0.001 compared to the ISO-only group

ISO Isoproterenol, LPO Lipid peroxidation, GSH Glutathione, SOD Superoxide dismutase, SEM Standard error of the mean, ANOVA Analysis of variance

### Tamsulosin reduces ISO-induced oxidative damage in the rat myocardium

As shown in Table 2, the LPO level was significantly increased in the ISO-only group (P < 0.05) compared to the control group. Treatment with tamsulosin alone reduced the LPO level compared to that in the ISO

group, but this difference was not statistically significant. However, tamsulosin treatment after ISO administration resulted in a significant decrease in the LPO level compared to that in the ISO-only group ( $P < 0.001$ ).

Using an ISO injection to induce MI significantly reduced the level of GSH in heart tissue compared to that in the control group ( $P < 0.05$ ). Conversely, administration of tamsulosin to ISO-treated rats significantly increased the GSH level in heart tissue compared to that in the ISO-only group ( $P < 0.01$ ). Additionally, administration of tamsulosin alone increased the GSH level compared to that in the ISO group.

Rats that received only ISO showed a significant reduction in cardiac SOD activity compared to that in the control group rats ( $P < 0.05$ ). On the other hand, tamsulosin treatment after ISO administration significantly increased cardiac SOD activity ( $P < 0.05$ ) compared to that in the ISO-only group.

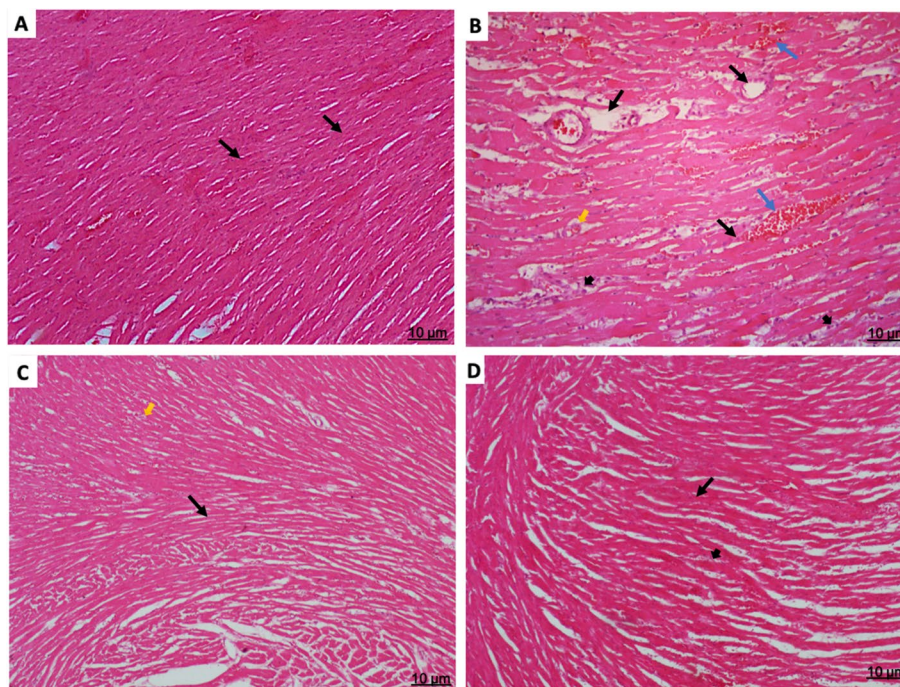
#### Tamsulosin reverses ISO-induced histopathological damage in rats in response to myocardial injury

As shown in Fig. 5, hematoxylin and eosin (H&E) staining revealed normal structures in the myocardial heart tissues, cells and fibers in control rats. In contrast, the

myocardial heart tissues of rats in the ISO-only group exhibited severe inflammatory cell infiltration, extensive edema, necrosis, and greatly dilated, engorged blood vessels. Myocardial cells in the tamsulosin-only group were mostly preserved or only mildly damaged. Tamsulosin administration clearly ameliorated ISO-induced myocardial injury, as shown by the noticeable reductions in inflammatory cell infiltration and blood vessel degradation compared to rats in the ISO-only group.

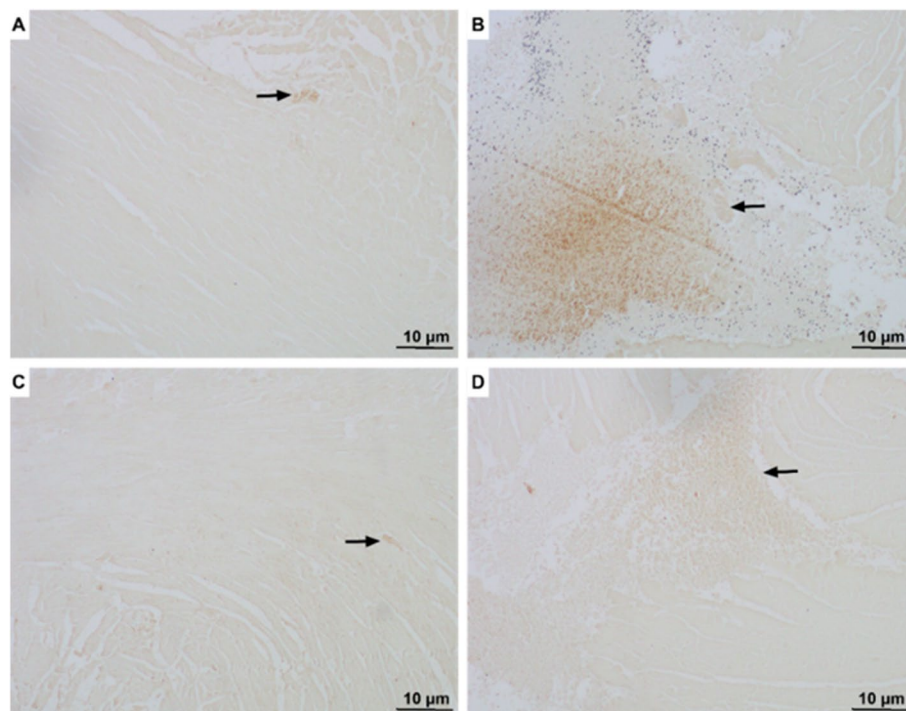
#### Tamsulosin prevents ISO-induced fibrosis and cardiac inflammation

As shown in Fig. 6, immunohistochemical analysis revealed that ISO induced significant deposition of collagen III in the myocardium (Fig. 6B), which is an indication of fibrosis. Administration of tamsulosin to rats pretreated with ISO resulted in a lower level of collagen III compared to that in the ISO-only group (Fig. 6D). Consistent with this finding, collagen III deposition was minimal in the control group and tamsulosin-only group, as shown in Figs. 6A and C, respectively.



**Fig. 5** Histological photomicrographs of rat heart sections stained with H&E (scale bar 10  $\mu$ m). **A** A section of a control heart showing normal myocardium fibers and cells within the normal heart vasculature. **B** ISO-treated rats had cardiomyocyte necrosis (black arrow) with greatly dilated, engorged blood vessels (blue arrow); increased edema (yellow arrow) in the intramuscular space; and massive inflammatory cell infiltration (small wide black arrow). **C** Tamsulosin-treated rats had relatively normal myocardial muscle fibers, fewer dilated blood vessels, and an edematous stroma. **D** A heart section from a tamsulosin + ISO group rat showing reduced myocardial degeneration and cellular infiltration with minimal infiltration of inflammatory cells. Abbreviation: ISO, isoproterenol; H&E, hematoxylin and eosin





**Fig. 6** Effect of tamsulosin on ISO-induced collagen III expression in myocardial infarcts. **A** A representative section immunostained for collagen III (scale bar: 10 µm) showing normal collagen III deposition beside normal heart cells and vessels. **B** Administration of ISO alone increased the amount of collagen fibers and inflammation in the heart tissue (black arrow). **C** Animals treated with tamsulosin alone showed collagen III deposition similar to that in normal rats in the control group. **D** ISO-treated rats also treated with tamsulosin exhibited reduced interstitial collagen deposition, inflammation, and fibrosis (black arrow). Abbreviations: MI, myocardial infarction; ISO, isoproterenol

#### Tamsulosin reduces p-Smad2/3 expression in myocardial infarcts in the hearts of ISO-treated rats

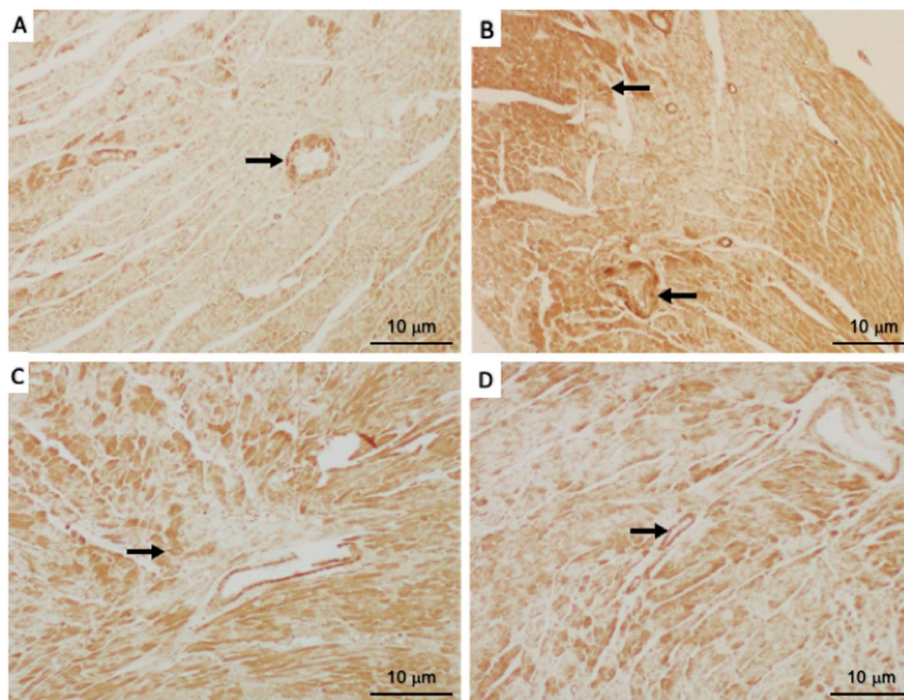
As shown in Fig. 7, immunohistochemical analysis of myocardium sections stained with an anti-p-Smad2/3 antibody revealed relatively low levels of endogenous p-Smad2/3 in control rats (Fig. 7A). ISO strongly increased the levels of P-Smad2/3 in cardiac vessels and elicited excessive fibrosis in tubules and cells (Fig. 7B). However, in the tamsulosin+ISO group, the levels of p-Smad2/3 were low, and there were fibrotic regions, indicating that tamsulosin treatment prevents damage by attenuating the levels of P-Smad2/3 expression levels in the setting of MI (Fig. 7D). Normal rats that received tamsulosin alone had the lowest level of P-Smad2/3 staining, as shown in Fig. 7C.

#### Discussion

The recorded mortality rate from MI has been increasing, with MI becoming the most prevalent cause of death globally. Numerous studies have demonstrated that the development of cardiac hypertrophy results from long-term activation of  $\alpha$ 1A adrenoceptors [28]. Activation of the  $\alpha$ 1A adrenoceptor subtype has been shown to cause phenylephrine-induced hypertrophy of ventricular

myocytes in neonatal rats [29]. Previous studies have reported that chronic norepinephrine exposure specifically increased the level of mRNA encoding the  $\alpha$ 1A adrenoceptor in rat ventricular myocytes, which also contributed to cardiac hypertrophy and damage [30]. One of the postulated mechanisms of the detrimental effect of  $\alpha$ 1A adrenoceptor activation on the heart is that this activation is accompanied by accelerated hydrolysis of phosphoinositide and/or opening of the L-type  $\text{Ca}^{2+}$  channel, which may trigger cardiac hypertrophy, ischemia, and cardiac tissue damage [31]. In general, the effects of  $\alpha$ 1A adrenoceptors on vascular tissues, including how they mediate vasoconstriction, are well understood. However, the cardioprotective effect of  $\alpha$ 1A adrenoceptor blockade against MI has not yet been elucidated.

Tamsulosin is a strong selective antagonist of  $\alpha$ 1A adrenoceptors. Owing to its high affinity for  $\alpha$ 1A adrenoceptors, it blocks the  $\alpha$ 1A adrenoceptor-mediated positive inotropic effect [19]. It has few effects on cardiovascular extension and is well tolerated by patients with cardiovascular problems and comorbidities [32]. It is frequently prescribed for benign prostatic hyperplasia, but little is known about its capacity to protect the heart. Considerable evidence highlights its protective effects on



**Fig. 7** The effect of tamsulosin on Smad2/3 expression in the myocardial infarcts of ISO-treated rats. **A** Low levels of p-Smad2/3 in the myocardial and intracardiac vessels in the control group. **B** High levels of p-Smad2/3 in the heart vessels and large areas of fibrosis (black arrows) in the ISO-only group. **C** Treatment with tamsulosin alone decreased the levels of p-Smad2/3 and fibrosis in heart tissues. **D** Tamsulosin treatment after ISO administration significantly reduced fibrosis by reducing the p-Smad2/3 levels. Abbreviations: Smad2/3, small mothers against decapentaplegic2/3; ISO, isoproterenol

the heart, but additional investigation and further confirmation are required.

In this study, we confirmed the ability of tamsulosin to mitigate cardiac damage caused by ISO-induced histopathological changes in cardiac tissues in rats. Considering that ISO is a synthetic catecholamine and  $\beta$ -adrenergic agonist, it was used in this study to induce MI in rats, which is a reliable noninvasive technique frequently used in the study of cardioprotective agents [33, 34].

Our results demonstrate that high-dose ISO induced cardiac injury and histological changes in myocardial tissues. This was proven by the increased heart weight-to-body weight ratio, which has been regarded as an index of hypertrophy. In addition, an elevated serum level of the CK-MB enzyme, as a biomarker of cardiac injury reflecting the extent of cell membrane damage and integrity, was measured.

The present data showed that long-term ISO injection in rats resulted in rapid cardiac hypertrophy and substantial cardiac injury, consistent with the findings of many previous studies that indicated that chronic ISO injection caused myocardial necrosis and fibrosis associated with cardiac injury [35–38]. Paulino et al. (2019) observed that

histological analysis of sections from rat heart tissues by H&E staining revealed that the rats in the ISO-only control group displayed severe inflammatory cell infiltration, extensive edema, necrosis, and greatly dilated and engorged blood vessels compared with the rats in the control group [39].

According to research findings reported in the literature, administration of high doses of ISO can result in strong cardiac activity, an imbalanced oxygen supply, increases in the production of free radical species and MI biomarkers, myocardial necrosis, and cardiac remodeling in response to the adaptive mechanisms of the heart [34]. These explanations may support our findings that tamsulosin treatment significantly reduced the heart weight-to-body weight ratio and CK-MB level in rats treated with ISO. In addition, a previous study revealed that oxidative stress is increased in myocardial tissues in response to MI [40–42]. When compared with the control rats, the rats that received ISO injections showed significantly increased ROS production and oxidative stress, which caused MI. Conversely,  $\alpha$ 1A adrenoceptor inhibition reduced the amount of oxidative stress that could lead to myocardial injury [43, 44]. Although tamsulosin administration decreased the levels of oxidative stress

biomarkers, to the best of our knowledge, no supporting evidence that confirms the effects of  $\alpha$ 1A adrenoceptor inhibitors on oxidative stress biomarkers, especially in cardiac tissues, has been reported in the literature. The activation of fibroblasts that remodel the myocardium and promote matrix preservation is accomplished by inducing the activity of TGF- $\beta$ , a key mediator of fibrogenesis, through pathways involving intracellular molecules such as Smads or Smad-independent cascades [45].

The ability of ISO to cause myocardial fibrosis in rats was demonstrated by the increased TGF- $\beta$ , collagen III, and phosphorylated Smad2/Smad3 protein levels. Matrix metalloproteinases (MMPs) are selective enzymes involved in the remodeling of the cardiac extracellular matrix (ECM) [46]. An earlier investigation revealed that proinflammatory cytokines and MMPs were more highly expressed during ISO-mediated fibrosis [47]. Numerous studies support our findings, showing that ISO induces cardiac fibrosis and plays a role in the upregulation of TGF- $\beta$ /Smad2/Smad3 expression in cardiac tissues in a rat model of ISO-induced MI [48]. Another study that provided strong evidence that ISO causes cardiac fibrosis showed abnormally arranged myocardial tissue that was heavily populated with disordered collagen fibers, which resulted in fibrotic cardiac remodeling [49]. All of these studies, including our own, showed a connection between ISO administration and ensuing cardiac hypertrophy, MI, myocyte necrosis, fibroblast proliferation, and connective tissue accumulation [50]. In vitro exposure of cardiac fibroblasts to superoxide anions stimulates their proliferation by increasing the production of TGF- $\beta$ , a potent fibrogenic cytokine. This finding supports the link between the increased oxidative stress during cardiac injury, the induction of TGF- $\beta$  activity and the ultimately mediated cardiac fibrosis [51].

Through the  $\alpha$ 1A adrenoceptor/p38/Smad3 signaling pathway, sympathetic overactivity promotes epithelial–mesenchymal transition (EMT) in renal epithelial cells and fibrosis, whereas  $\alpha$ 1A adrenoceptor inhibition may receive attention in the future owing to its potential effectiveness for the treatment of renal fibrosis [52]. In the present study, tamsulosin significantly decreased ISO-induced cardiac fibrosis, possibly as a result of its free radical scavenging and antioxidant activities, which may be responsible for inhibiting collagen synthesis and preventing the ISO-induced accumulation of collagen. The observed antifibrotic effects of tamsulosin are consistent with a previous study indicating that TGF- $\beta$ /CTGF signaling is suppressed by the adrenergic receptor inhibitor carvedilol, which improves biventricular fibrosis and function [53]. This study further elucidates that by lowering the protein levels of collagen III, TGF- $\beta$ ,

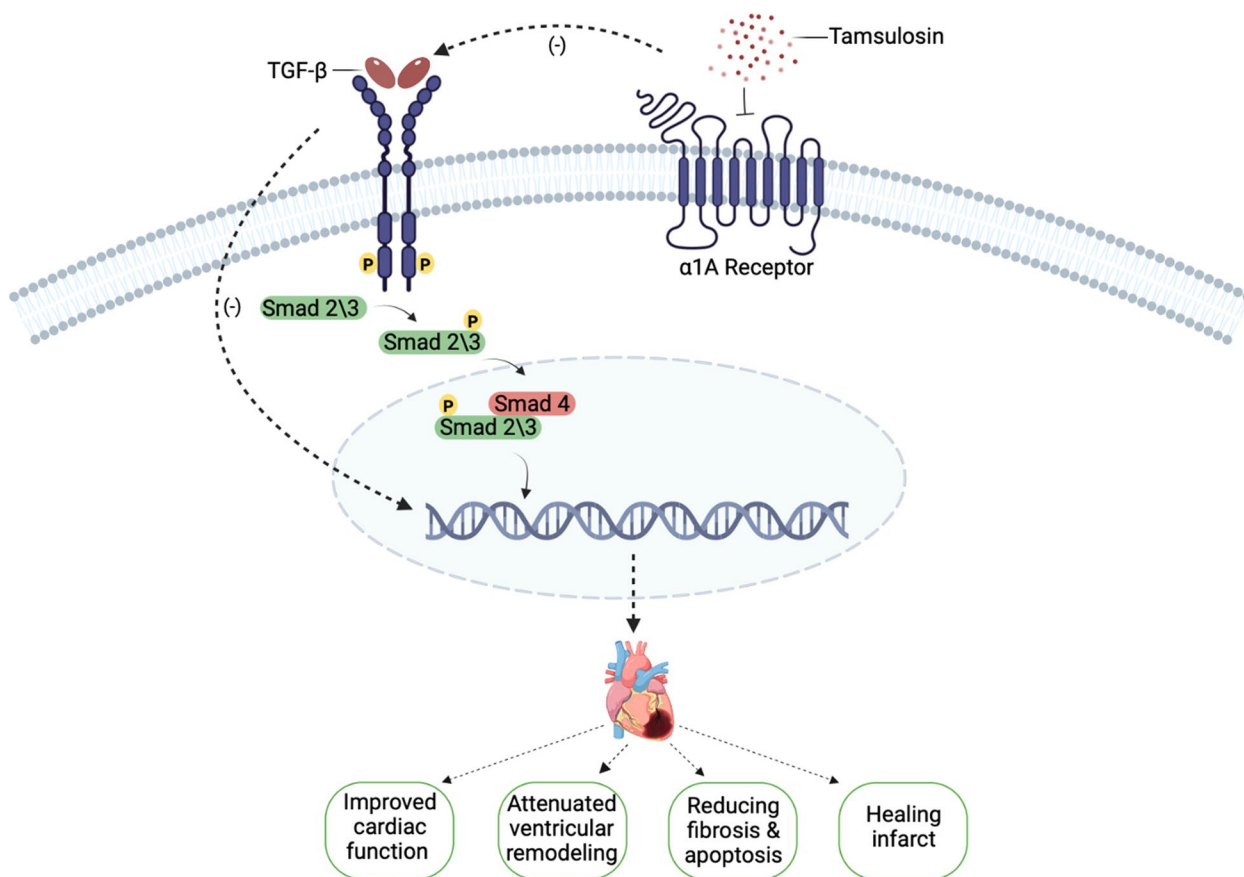
and phosphorylated Smad2/Smad3, tamsulosin mediates antifibrotic effects on infarcted cardiac tissues.

ILK is a member of the serine/threonine protein kinase family and plays a critical role in the transmission of biomechanical signals derived from cell–matrix interactions. By binding to the cytoplasmic domain of  $\beta$ -integrins, ILK controls cytoskeletal remodeling and is linked to cardiac contractility, ventricular hypertrophy, and cardiac repair [54]. Evidence from a previous study indicated that targeted ILK deletion caused dilated cardiomyopathy and spontaneous heart failure in murine hearts, supplementing the knowledge about the function of ILK in heart failure [55].

Fibrosis may be related to increased integrin expression in specific cell types. In addition to the direct effects of ILK on cellular proliferation, migration, and survival, integrins act as receptors for matricellular proteins and potentiate signals from soluble growth factors such as TGF- $\beta$ . These effects are caused by the binding of integrins to ECM proteins. This suggests that integrins and the proteins that interact with them are crucial to the development of fibrosis. The fibrotic process clearly benefits from increased integrin expression [56, 57]. Previous studies have shown that animals given ILK showed improvements in cardiac function, including decreases in the infarct size, interstitial fibrosis, and apoptosis [54, 58].

According to these studies, ILK overexpression may protect cardiac function and lessen the risk of post-MI cardiac fibrosis, whereas downregulation of ILK expression may contribute to cardiac injury. The results of the present study suggest a critical role of tamsulosin administration in reversing the attenuation of ILK expression after ISO-induced MI that is associated with increased TGF- $\beta$ 1 expression. Accumulating evidence on kidney diseases suggests that ILK ablation in vivo diminishes the expression of the EMT marker  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) and the inducer TGF- $\beta$ 1 in renal tubular epithelial cells in a model of cisplatin-induced acute kidney injury [59–61].

The association between the effects of tamsulosin treatment on the infarcted heart in rat model of ISO-induced MI and the protein levels of ILK/TGF- $\beta$ /p-Smad2/Smad3 has not yet been established, even though the multifunctional effector ILK is linked to integrin receptors and has been demonstrated to actively promote cardiac hypertrophy while interacting synergistically with other hypertrophic stimuli such as the  $\alpha$ -adrenergic agonist phenylephrine. In light of this finding, the present study is important in that it elucidates this relationship and confirms the cardioprotective effect of tamsulosin in MI (Fig. 8).



**Fig. 8** Graphical abstract showing the specific theme and aims of this study

This study has a few limitations, but these might not be important enough to impact the results. One limitation is related to the potential ethical issue of using a limited number of animal samples (only six rats per group), which might be inadequate and provide little scientific and statistical power. However, a considerable number of published research studies have used this sample size. In addition, although *in vivo* hemodynamic parameter assessments provide valuable information on cardiovascular effects, in this study, we relied on determining the heart weight-to-body weight ratio as an index of cardiac hypertrophy and on measuring the levels of cardiac injury biomarkers such as troponin I and CK-MB, in addition to the assessment of heart tissue damage using histological examination.

In conclusion, our findings indicate that tamsulosin, an α1A adrenoceptor blocker, plays a key role in exerting a cardioprotective effect by inhibiting the binding of inflammatory, oxidative, and fibrosis-related mediators. In addition, this study suggests that α1A adrenoceptor inhibition may be a promising new therapeutic strategy for MI. Furthermore, this study sheds light on the roles

of the ILK and TGF-β/SMAD2/3 signaling pathways in the development of MI and how these signaling pathways could be modulated by tamsulosin and hence contribute to its cardioprotective effect in the setting of MI. However, a clinical study should be considered to evaluate the efficacy, safety, and tolerability of α1A adrenoceptor blockers as a treatment option for MI.

**Supplementary Information**

The online version contains supplementary material available at <https://doi.org/10.1186/s12872-023-03188-w>.

**Additional file 1.**

**Acknowledgements**

The authors extend their appreciation to the Deanship of Scientific Research at King Saud University for funding this work through Undergraduate Research Support Program Project No. (URSP-4-19-129). We thank Dr. Mansore Al Mohi, the Department of Histopathology supervisor at King Khalid University Hospital (KKUH), for tissue sectioning, staining and histopathological and immunohistochemical image analysis.

**Authors' contributions**

Nawal M. AL-Rasheed, nalrasheed@ksu.edu.sa. Designed the current study and contributed to the review and editing of the manuscript. Raghad B.

Alammari, 437200003@student.ksu.edu.sa. Conducted animal treatments and biochemical and molecular experiments and were involved in the analysis and data interpretation. Tahani K. Alshammari, talshammari@ksu.edu.sa. Contributed to the study design and drafting of the manuscript. \*Maha A. Alamin (corresponding author), mahaali@ksu.edu.sa. Conducted animal treatments and biochemical and molecular experiments and were involved in the analysis and data interpretation. Abeer O. Alharbi, aalharbi5@ksu.edu.sa. Conducted animal treatments and biochemical and molecular experiments and were involved in the analysis and data interpretation. Asma S. Alonazi, aaloneazi@ksu.edu.sa. Involved in the analysis and interpretation of data and reviewing and editing the final version of the manuscript. Anfal F. Bin Dayel, abindayel@ksu.edu.sa. Contributed to the study design and drafting of the manuscript. Nouf M. Alrasheed, nrasheed@ksu.edu.sa. Contributed to the study design, data analysis and interpretation, wrote the manuscript, and supervised the study.

### Funding

Partial financial support will be received from the Deanship of Scientific Research (Grant No. URSP-4–19-129) after paper publication. As the Corresponding Author on behalf of the authors, I declare that as of now, no significant financial support for this work has been received that could prove detrimental to its outcomes. All tasks, including material availability, study design, performing experiments, collecting samples, analyzing and interpreting the data, and the decision to write this manuscript and submit it for publication in your journal, were the authors' personal responsibilities. This project will be funded by the Deanship of Scientific Research through the Undergraduate Research Support Program to encourage the participation of a student researcher (in this project, Raghad Alammari) in a research project under the close supervision of a mentor (in this project, the corresponding author). The contract agreement stipulates that all financial support provided by the program must be acknowledged in the published paper (<https://dsrs.ksu.edu.sa/en/node/2300>); therefore, according to the agreement, a statement acknowledging the funding was included in the manuscript. The role of the funding authority is limited to granting financial support to the authors and rewarding the student researcher with a moderate monetary incentive upon the publication of the article.

### Availability data and materials

The datasets used and analyzed and the raw data supporting all tables and figures have been provided by the authors in PDF format in the Supplementary Information file separate from the original manuscript.

### Declarations

#### Ethics approval and consent to participate

The protocol of this study was performed in accordance with the National Institutes of Health Guidelines on the Care and Use of Laboratory Animals, The presented experimental protocols with the standards for animal care were approved by Local Experimental Animal Ethics and the Research Ethics Committee Acts at King Saud University in Saudi Arabia (approval no. KSU-SE-19–61). This study is reported in accordance with ARRIVE guidelines. Additionally, the authors working with animals in this study have successfully completed the CITI Program course of Animal Biosafety.

#### Consent for publication

It is Not applicable.

#### Competing interests

The authors declare no competing interests.

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Received: 12 September 2022 Accepted: 16 March 2023

Published online: 24 March 2023

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